

Contacts

Peer Support Service

info@peersupport.nz

0508 733 778

www.peersupport.nz

Amputees Federation of New Zealand

www.amputee.co.nz

New Zealand Artificial Limb Service

www.nzals.co.nz

www.nzals.co.nz/resources

NZALS YouTube

Facebook - New Zealand Artificial Limb Service

PS
Peer Support
Te Pou Aropā Takitoru

Volunteers



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Introduction

Have you adapted to the challenges of limb loss and feel you are ready to support others through a similar life changing experience?

We are looking for Peer Support Volunteers to provide emotional, social and practical support to people facing limb loss to help alleviate their feelings of isolation, depression and related fears.

Our Peer Support Service matches trained volunteers with those who are facing the challenge of limb loss. They meet together at any public place, such as a cafeteria or a playgroup. Support may occur on the phone. Occasionally visits may be at hospitals or rehabilitation centres. Meetings do not happen in private homes.

What do Peer Support Volunteers do?

- Provide casual and informal support
- Share their own personal experiences
- Discuss problems or concerns
- Encourage people in need of support to seek assistance
- Provide information on other available support services

Note: Peer Support Volunteers are NOT counsellors.

Who is a Peer Support Volunteer?

- A person who has adapted to limb loss
- Are 3 years post amputation
- Are caring and supportive
- Can communicate confidently and effectively
- Are able to maintain confidentiality

During the recruitment and appointment process, we make sure our volunteers are ready to provide the best support possible by providing them with the right training and information. They also have a referee and police check.



How do I become a Peer Support Volunteer?

If you think you have what it takes to become a Peer Support Volunteer, please get in touch by emailing info@peersupport.nz and we will send you more information with an application form.

