



Peke Waihanga

Artificial Limb Service

Standard Package of Care

If you've had an amputation or have a limb difference, Peke Waihanga offers a Standard Package of Care to support your recovery, rehabilitation, and long-term wellbeing.

Early care – first 18 months after referral

During this time, you will be offered:

- **A key worker:** Someone to co-ordinate your care and support your journey.
- **Initial assessment:** An assessment of your artificial limb and support needs to help plan your care.
- **Individual care plan:** A rehabilitation plan created *with you* based on your personal needs and goals.
- **Artificial limbs:**
 - **Lower limb:** One primary artificial limb for everyday living per affected leg.
 - **Upper limb:** One artificial limb for everyday living per affected arm. You may be offered an additional limb or terminal device to meet clinical need.

- **Fitting and adjustments:** As many appointments with us as you need to ensure your artificial limb fits comfortably and works well.
- **Rehabilitation support:** Enough rehab hours to meet your goals.
- **Peer support:** The opportunity to speak with someone who has been through a similar experience.

Ongoing, lifetime care

We continue to provide support throughout your lifetime, unless:

- You choose to stop using the service.
- Your health changes in a way that makes an artificial limb no longer suitable.

During your lifetime you're offered:

- **Yearly reviews** to check on your progress and needs.
- **Repairs and replacements** for your artificial limb (e.g., knees, feet, sockets).
- **Rehabilitation** support to meet your goals.
- **Consumables** such as liners or sleeves as needed to use your artificial limb comfortably.
- Ongoing access to **Peer Support**.

Patients who need additional support

If it becomes clear during assessment (or at any time during your journey) that you need more support than what is in our Standard Package of Care, other options which may be available include:

- Extra rehabilitation sessions at Peke Waihanga.
- Referrals to other health professionals (e.g., for psychological and pain support).
- Support with applications for funding if you want more advanced or costly artificial limbs than we have prescribed.

Contacts

Auckland Centre

☎ 0508 630 630

Hamilton Centre

☎ 0508 838 838

Tauranga Centre

☎ 0508 434 434

Wellington Centre

☎ 0508 389 389

Christchurch Centre

☎ 0508 383 383

Dunedin Centre

☎ 0508 474 474