

Peer Support Training

Peer support occurs when people provide knowledge, experience, emotional, social or practical help to each other. It commonly refers to an initiative consisting of trained supporters, and can take a number of forms such as mentoring and listening. A peer has 'been there, done that' and can relate to others in a similar situation to themselves.

Join us for a 1 day training session by Melissa Noonan from Limbs4Life. The sessions are designed to be practical and help patients and families/whanau support others dealing with the challenges of amputation. Modules include:

- What is a Peer Support Volunteer?
- The benefits of Volunteering within the amputee community
- The importance of good communication – listening skills.
- The difference between Peer Support and Counselling
- Taking care of your own health and being a role



Event details:

WHEN: Friday, April 20th, 2018, 9am-4pm

WHERE: The Brentwood Hotel, Kilbirnie, Wellington

COST: Your time and travel

REGISTER: www.eventbrite.co.nz/e/peer-support-training-tickets-38486638572 (limited spaces)

NOTE: **Completion of the Privacy 101** is required before the event www.elearning.privacy.org.nz



Contact us

New Zealand Artificial Limb Service

Vision of Independent and productive lives for our amputees

Our mission is to enable amputees to achieve independence by delivering prosthetic, orthotic and rehabilitation services.

We are responsible for 4,419 amputees through national contracts with ACC and DHB's for prosthetic and rehabilitation services.

We have a patient centred approach to our services that is supported by our expert workforce of 65 professionals and our embracing approach to R&D/technology

National Office

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www.nzals.co.nz

Amputees Federation of New Zealand Incorporated

The primary objective of the Federation is to support and promote the welfare of all amputees. This includes offering peer support and encouragement when the going gets tough, and providing information and advice to help amputees achieve the quality lifestyle to which they aspire. There are nine Regional Societies affiliated to the Federation, all of which work towards common goals that can be seen on our website, for example:

Providing immediate support to new amputees, their families and caregivers, as they experience the trauma of amputation, and providing ongoing support to all amputees.

National Office

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